

HONDA
CRF450RX 2026

Enduro · 450cc 4T

CPSC recall 26-458 (2026-04-30) names this model: details on the page

Partly verified

11 of 18 figures read off a manual page

GEARING

Stock front sprocket	13T ⓘ [1] maker
Stock rear sprocket	50T ⓘ [1] maker
Chain pitch	520 ⓘ [1] maker
Stock chain links	– Not yet verified
Stock final drive ratio	3.846 : 1 ⚙ [2] p. 73

WHEELS AND TIRES

Front rim	– Not yet verified
Rear rim	– Not yet verified
Front tire	90/90-21 54M ⚙ [2] p. 72
Rear tire	120/90-18 65M ⚙ [2] p. 72

SUSPENSION

Fork	ⓘ [1] maker
49mm inverted Showa coil-spring fork	
Fork travel	12.2 in. (≈ 310 mm) ⓘ [1] maker
Shock travel	12.1 in. (≈ 307 mm) ⓘ [1] maker
Stock fork spring rate	– Not yet verified
Stock shock spring rate	– Not yet verified
Static sag, bike only	– Not yet verified
Race sag, rider on	– Not yet verified

SHOP NOTES

Date / hours	
Sag, race / static	
Tire pressure, F / R	
Notes	

FLUIDS AND CAPACITIES

Engine oil spec	SAE 10W-30, JASO T 903 ⚙ [2] p. 73
MA	
Engine oil capacity	1.00 L (≈ 33.8 fl oz) ⚙ [2] p. 73
Coolant capacity	1.08 L (≈ 36.5 fl oz) ⚙ [2] p. 73
Fuel capacity	8.0 L (≈ 2.11 gal) ⚙ [2] p. 72

MAINTENANCE

Tire pressure (off-road)	⚙ [2] p. 72
15 psi (100 kPa) front and rear	
Chain slack	– Not yet verified
Spark plug and gap	⚙ [2] p. 74
NGK SILMAR9A-9S, gap 0.80-0.90 mm	

DIMENSIONS

Seat height	958 mm (≈ 37.7 in) ⚙ [2] p. 72
Wheelbase	1478 mm (≈ 58.2 in) ⚙ [2] p. 72
Weight	256 lbs. (≈ 116.1 kg) ⓘ [1] maker

SERVICE SPECS

Fork oil, brake fluid, coolant type, fuel octane, idle speed, valve clearance	– Not yet verified
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Sprockets run	
Clickers, fork / shock	
Map or jetting	

⚙ printed on the manual page shown

ⓘ maker web page or spec sheet ⓘ calculated, not printed

≈ converted by MotoXSports – not yet verified

Check your own manual before ordering parts or setting up the bike.
Torque values are not published here: use the manual.

motoxsports.com/bikes/honda-crf450rx/ · data checked 2026-09-26

1 American Honda press release: 2026 Honda CRF450RX Specifications (May 20, 2025)

2 Honda 2026 CRF450R/RX/RWE Owner's Manual (31MKE691) pp. 72, 73, 74



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